

## Got G.R.I.T.? Being Gritty in the Learning Center

SECLCA Conference June 17, 2016

Lauren Epps & Michelle Wolf



**Grit is...** Perseverance and passion for long term goals

[www.angeladuckworth.com/grit-scale/](http://www.angeladuckworth.com/grit-scale/)

### **G.R.I.T. Stands for...**

- Guts
- Resilience
- Initiative (or integrity)
- Tenacity

### **Grit Looks...**

- Tortoise-like
- Effortful
- Intentional
- **What else?**

### **Implementing Grit:**

Step 1: Think Ahead – have a *growth mindset* ready

Step 2: Expect Hot Water – prepare for challenges and obstacles

Step 3: Enhance It – take time to develop gritty students

Step 4: Watch the Pot – demonstrate grittiness to students

Step 5: Enjoy the Results – Assess grittiness and use practical strategies

### **Gritty Learning Centers:**

Have gritty spaces

Train gritty tutors

Instill grit everyday